

# Santa Rosa Senior Dining Site Activities - April 2018

Monday Tuesday Wednesday Thursday Friday

<p>2</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games</p>	<p>3</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo, Speaker: Nutrition 3) Exercise 4) Games</p>	<p>4</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 7) Crafts</p>	<p>5</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Exercise, Speaker: Five Wishes 4) Games 5) Memory Game w/ Margaret 7) Tai Chi</p>	<p>6</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1, 4) Games 7) Games, Puzzles</p>
<p>9</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 5) Games, Bingo 6) Games 7) Bingo</p>	<p>10</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 3) Crafts w/ Margaret 4) Speaker: Five Wishes 5) Games, Movie, Yoga 7) Tai Chi</p>	<p>11</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Crafts w/ Margaret 6) Bingo 7) Speaker: Nutrition</p>	<p>12</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 7) Tai Chi</p>	<p>13</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1, 4) Games 7) Games, Puzzles</p>
<p>16</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 5) Games, Bingo 6) Games 7) Bingo</p>	<p>17</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 3) Speaker: VA Benefits, John Donovan 4) Speaker: Nutrition 5) Games, Movie, Yoga 7) Tai Chi</p>	<p>18</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Speaker: SHINE 6) Bingo 7) Speaker: Five Wishes</p>	<p>19</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Speaker: Nutrition 4) Games 7) Tai Chi</p>	<p>20</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1, 4) Games 7) Games, Puzzles, Speaker: Nutrition</p>
<p>23</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 5) Games, Bingo 6) Games, Speaker: Nutrition 7) Bingo</p>	<p>24</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 3) Speaker: SHINE 4) Exercise 5) Games, Movie, Yoga 7) Tai Chi</p>	<p>25</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 4) Crafts w/ Margaret 7) Speaker: Center for Independent Living</p>	<p>26</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1) Bingo 3) Exercise 4) Games 5) Speaker: Nutrition 7) Tai Chi</p>	<p>27</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1-7) Reading 1, 4) Games 7) Games, Puzzles</p>
<p>30</p> <p><u>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</u></p> <p>1, 3, 7) Reading 5) Games, Bingo 6) Games 7) Bingo</p>			 <p>Corporation for <b>NATIONAL &amp; COMMUNITY SERVICE</b> </p>	 <p>Northwest Florida Area Agency on Aging, Inc. <i>"Improving the quality of life for elders" since 1979</i></p>  <p>DEPARTMENT OF <b>ELDER AFFAIRS</b> STATE OF FLORIDA</p>

## SANTA ROSA COUNTY

### Site 1

Christ United Methodist Church  
5983 Dogwood St.  
Milton, FL 32570  
(850) 983-4590

### Site 3

Chumuckla Community Center  
2355 Hwy 182 West  
(850) 994-8811

### Site 4

First United Methodist Church of Pace  
4540 Chumuckla Hwy  
Pace, FL 32571  
(850) 995-3795

### Site 5

E.H. Pullum Senior Center  
8476 Gordon Goodin Ln.  
Navarre, FL 32566  
Open Monday - Thursday  
(850) 936-1644

### Site 6

Jay Community Center  
5259 Booker Ln.  
Jay, FL 32565  
(850) 675-0810

### Site 7

Bagdad Community Center  
6860 Pooley St.  
Bagdad, FL 32530  
(850) 983-4500

## CAREGIVER SUPPORT GROUPS

### Pensacola

**Alzheimer's Family Services**  
**April 23rd 2:30 PM**  
**875 Royce St.**

*Jessica at (850) 266-2503 to arrange onsite respite.*

**April 26th 6:00 PM**

Council on Aging of West FL  
875 Royce St.

**April 26th 9:00 AM**

Myrtle Grove Baptist Church  
5920 Lillian Hwy.

### Grandparents Raising Grandchildren

**April 12th 6:00 PM**

Council On Aging of West Florida  
875 Royce St.  
Pensacola, FL  
*Reservations Required*  
432-1475

**April 5th 8:30 AM**

Holly – Navarre  
Intermediate School  
1936 Navarre School Rd

